

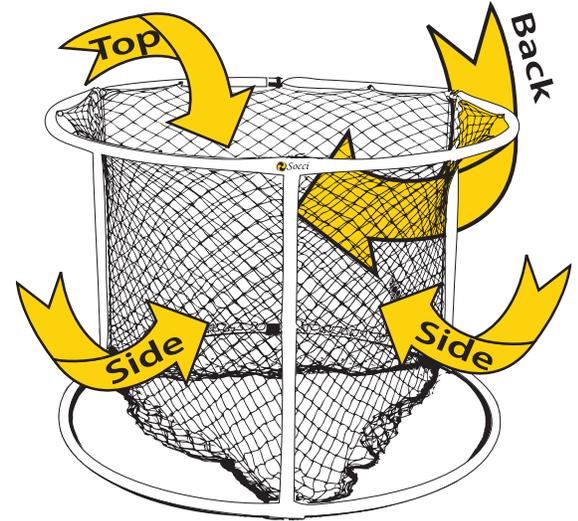
## Overview of *Socci* Sport and how it's used in Education

Socci Sport created a Multi-Sport System that was introduced to the world in 2004. The system consists of a unique four-sided goal and a fitness program that focuses on sport skills and social development that has received rave reviews from educators around the country.

Socci provides effective standards-based education principles by using fast, high scoring games and activities that are fun and inclusive for all levels of fitness. Using the Socci Multi-Sport System, students can practice and refine a variety of fundamental sports skills that they need to develop healthy and active lifestyles.

Socci helps students develop hand-eye-foot coordination by using throwing, kicking, catching and striking skills in innovative ways not seen anywhere else. Many activities included in the Socci curriculum are designed to maximize participation and develop teamwork, communication, cooperation, and sportsmanship. All programming adheres to national and state physical education standards. The compact, portable Socci goals are designed for both indoor and outdoor use and the programs can accommodate both large and small class sizes.

The following areas of education are where Socci is currently making a historic difference in the lives of children:



### Early Childhood Development:

Gross motor skills, social skills and cognitive skills development are the keystones to Socci's early childhood development program. The Socci Multi-Sport System addresses all areas of early childhood development. Reading, mathematics and creative play are incorporated into Socci's gross motor skills learning games and can easily accommodate age specific groups. Socci is being implemented by many established early childhood franchises with great success.

### Physical Education:

Socci offers a full pre-K through grade 12 activity and standards-based PE program that adheres to all State and National standards. Socci is on the top 10 list of "Tools in Schools" to prevent childhood obesity based on an American Heart Association sponsored study.

Socci concentrates on the following:

- Sport skills development
- Teamwork and inclusion through co-operative games
- Active participation through Socci's unique non-contact, non-traditional format
- Cross curricular learning by incorporating mathematics, reading, health and environment into active and fun playtime



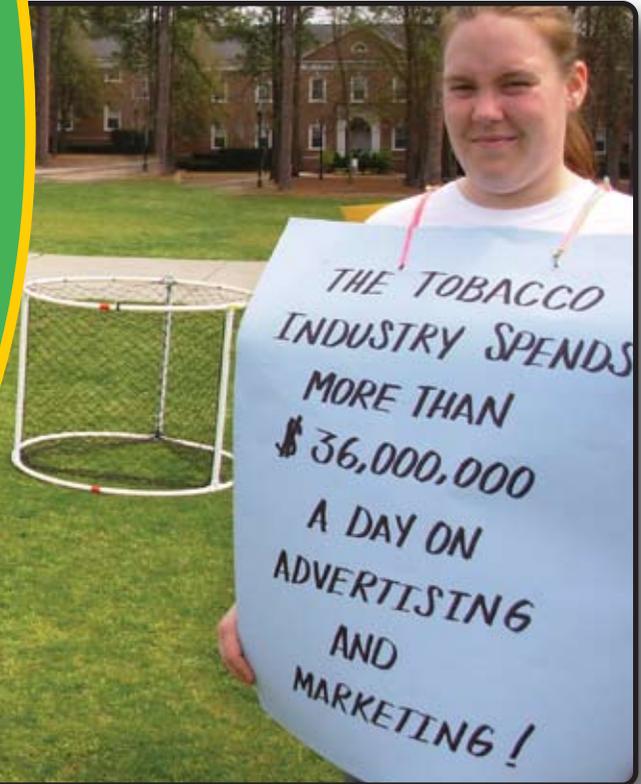
## Health Education.

Socci was first used in an anti-tobacco grant in 2005 for Broward County Public Schools. The curriculum was developed by the PE teachers who were tasked with implementing the anti tobacco message as part of the grant stipulations. Part of the curriculum included games like Fat vs. Muscle that teach students how muscle burns fat during activity time.

Socci has also been used by school nurses in coordinated school health program to promote student awareness on the dangers of Asthma and Diabetes. Socci is currently creating a comprehensive Health and Nutrition Curriculum which will be available in the 2009 school year.

## Staff Wellness Programs

Socci offers fun, energizing and active games for all ages including adults and brings something new and inclusive to the old icebreaker techniques for group events. Current or modified games can be used to encourage adult participation. Socci is a perfect field day tool for teachers.



## Adaptive Physical Education.

Socci games and activities created by APE teachers were designed with inclusion in mind. Socci's four-sided goal provides multiple ways of scoring resulting in increased participation by giving students more opportunities for success.

The Socci balls can be used in multiple dexterity exercises to enhance movement in limbs and can be deflated to accommodate correct grip pressure in individuals.

Refer to the APENS (Adapted Physical Education National Standards) website [www.apens.org](http://www.apens.org) to see what they think about Socci.

## After Schools.

Socci after school games and activities are all standards based but fun. With the new grant specifications requiring more standards based activity time, Socci's program easily meets the necessary criteria. Socci has been implemented with great success across the country by school districts, private enterprise, YMCA's and Boy's and Girl's Clubs to name a few.



## Staff Development:

Socci Sport has created a comprehensive Train-the Trainer programs across the country. All Socci trainers are certified by Socci Sport LLC.

## The Course:

Socci's training program enables staff to implement and organize Socci into their year long programming. All attendees will receive sample activities that can be implemented immediately.

The course duration is generally 2- 4 hrs and can accommodate up to 60 participants.

After completing a Socci Sport Training program, participants will be able to:

- Adapt local environments and facilities to enable large or small groups of students to participate in dozens of Socci activities.
- Incorporate standards-based activities into their year round program using Socci Equipment
- Use three-dimensional games and activities to increase student participation by introducing more scoring opportunities
- Apply Socci's no-contact play format into most existing games and activities
- Teach team building, conflict resolution and increase physical activity among students



Socci's mission is to provide the highest standard of training to all attendees and provide them with the tools they need to promote health and wellness among all students.

## Universities:

Socci is currently used in over 80 Universities and Colleges, Health and Physical Education programs, Intramurals, and Soccer teams.

## School Sports:

Socci Sport was designed with the concepts of Soccer in mind and is enthusiastically embraced by soccer coaches to enhance their soccer-training programs.

Socci improves on a soccer teams overall performance by training Technical, Tactical, Physical, and Psychological aspects of the game.

## Support System for Schools:

Socci trainers are all certified by Socci Sport LLC which commits to creating a Train-the Trainer programs across the country. Schools can prepare students for Socci activities by giving them take home handouts explaining to parents and students what the teachers will be introducing.

Students and parents can also go to Socci's website [www.socci.net](http://www.socci.net) and watch Socci's videos. This will get students excited to get Socci started in their school.