

How to Talk So Kids Will Listen:

**Positive Discipline and
Classroom Systems that Work!**

Presenters:

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Mingle, Mingle, Mingle

- 💧 **What's your favorite thing about working in after school?**
- 💧 **What is the worst thing you've heard an adult say to a child?**
- 💧 **What is one way you encourage positive behavior in youth?**
- 💧 **Name a positive influential adult in your life. How did they influence you?**

Workshop Objectives

- 🟢 **Define Positive Discipline**
- 🟢 **Positive Talk & Expectations**
- 🟢 **Set Kids Up For Success**
- 🟢 **Learn and apply 5 strategies for responding to misbehavior**

Positive Discipline is behavior guidance as a learning opportunity!

KEY ELEMENTS

- ◆ **Mutual Respect**
- ◆ **Solutions-focused**
- ◆ **Effective Communication Practices**
- ◆ **Problem solving skill development**
- ◆ **Actively encourages effort and improvement**

Positive Talk

- 💧 Younger = Shorter directives
- 💧 “Don’t, Never, No” –save for emergencies
 - 💧 *No Running!* changes to *Walk Please.*
- 💧 Be clear, specific, firm, and kind
- 💧 I messages
- 💧 Communicate positive expectations
- 💧 Provide likable alternatives & choices

Let's Practice!~

1. Read the negatively-phrased direction.
2. Determine what the underlying student belief is about this behavior.
3. Reconstruct the phrase, communicating with Positive Talk.

Setting Kids Up For Success

- 💧 Classroom Agreements & Consequences
- 💧 Procedures and Routines
- 💧 Reward Systems & Incentives

Classroom Agreements & Consequences

Strategy:

What does the Ideal Classroom

🟢 Look Like

🟢 Sound Like

🟢 Feel Like

What will the consequences be?

Procedures & Routines that work:

- ◆ Are predictable and consistent
- ◆ Have clear expectations
- ◆ Are rehearsed and reinforced
- ◆ Include limits and consequences

Teaching Procedures and Routines

The three most important things to teach & practice in the first two weeks school are **Discipline, Procedures & Routines.**

Strategy:

- 🟢 **Explain**
- 🟢 **Rehearse**
- 🟢 **Reinforce**
- 🟢 **Reflect**

**We Hear and
We Forget**

**We See and
We Remember**

**We Do and
We Understand**



Reward Systems & Incentives

- 🟢 Above & beyond behavior
- 🟢 Reinforce new behaviors
- 🟢 Use sparingly and equitably
- 🟢 Non-food

Responding to Misbehavior

- 🟢 **Natural consequences**
- 🟢 **Logical consequences**
- 🟢 **Fix-up**
- 🟢 **Time out**
- 🟢 **Redirection**

Let's Practice!

Reflection

