



**Foundation
for
Inspired Learning**

Accelerating Learning and Empowerment – Using the Inspired Learning Model™

Peter J. Reding, Founder

The Foundation for Inspired Learning

www.InspiredLearning.org



Agenda

- 1. A different focus that accelerates learning**
- 2. Some research results**
 - Traditional Learning
 - Inspired Learning
- 3. Experiential exercises**
- 4. Resources**
 - 7 elements of the Inspired Learning Model™
 - Standards of Presence
- 5. What are you committed to bring back?**



Have Students (Learners) . . .

- ___ learn more
- ___ learn faster
- ___ experience the love of learning
- ___ have more fun
- ___ have better behavior
- ___ be excited to come back to school
- ___ be more present and fully engaged
- ___ be excited about exploring new areas



Have Teachers (Facilitators of Learning) . . .

- ___ have less stress
- ___ come home exhilarated
- ___ have more fun
- ___ reconnect to their passion to teach
- ___ be excited to come back to school
- ___ feel appreciated and admired by their learners



Learners & Facilitators of Learning

*The Inspired Learning Model™
fulfills
all of the above promises.*



Learners & Facilitators of Learning

*The Inspired Learning Model™
creates a 100% positive feedback
learning environment.*



What are we focused on?

Your child shows you the following grades:

- **English** **A**
- **Social Studies** **A**
- **Biology** **C**
- **Algebra** **F**



What are we focused on?

Your child shows you the following grades:

- English A
- Social Studies A
- Biology C
- Algebra F

“Which grade deserves the most attention from you?”



What are we focused on?

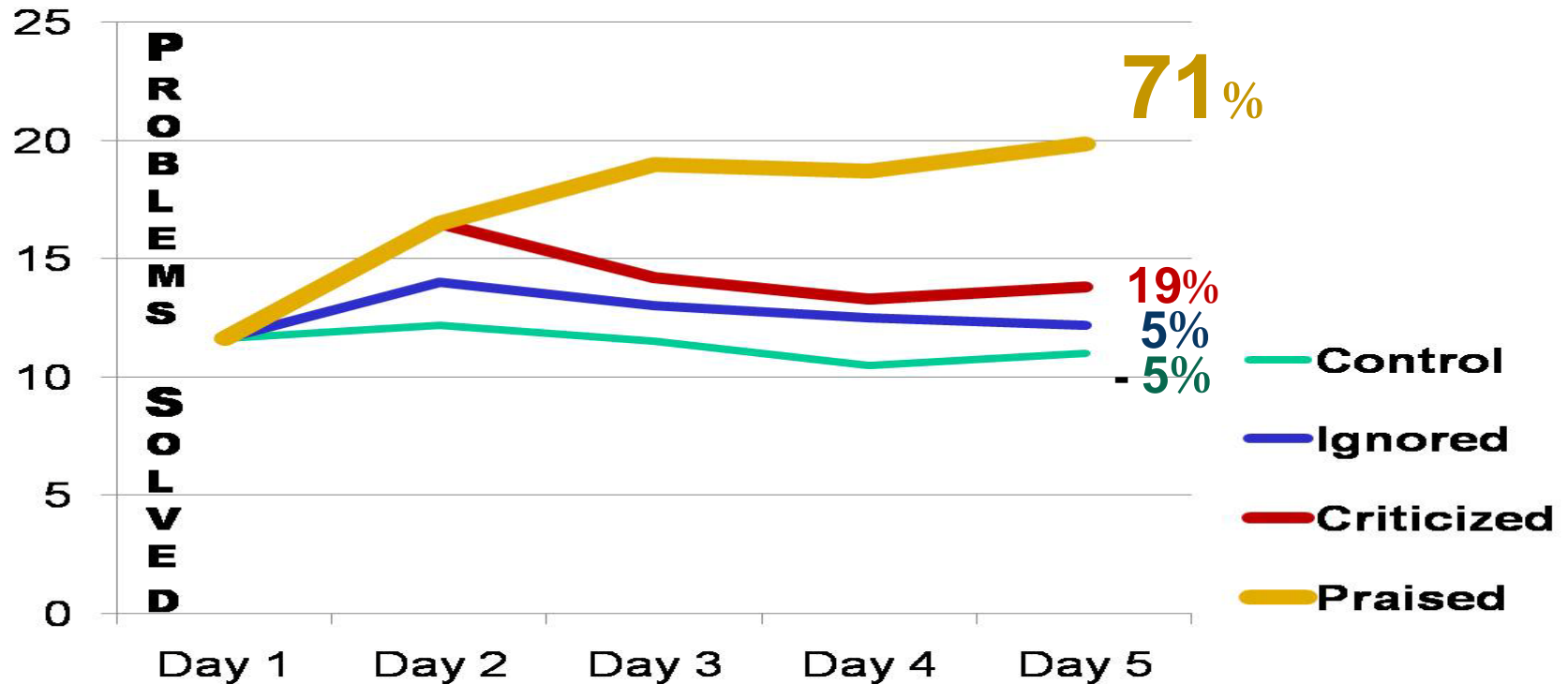
Country	Focused on A's	Focused on F's	F's Greater Focus %
UK	22%	52%	136%
Japan	18%	43%	138%
China	8%	56%	600%
USA	7%	77%	1000%
France	7%	87%	1143%
Canada	6%	83%	1283%

Source: How Full is Your Bucket? (P 48)

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Learning at the Speed of . . .

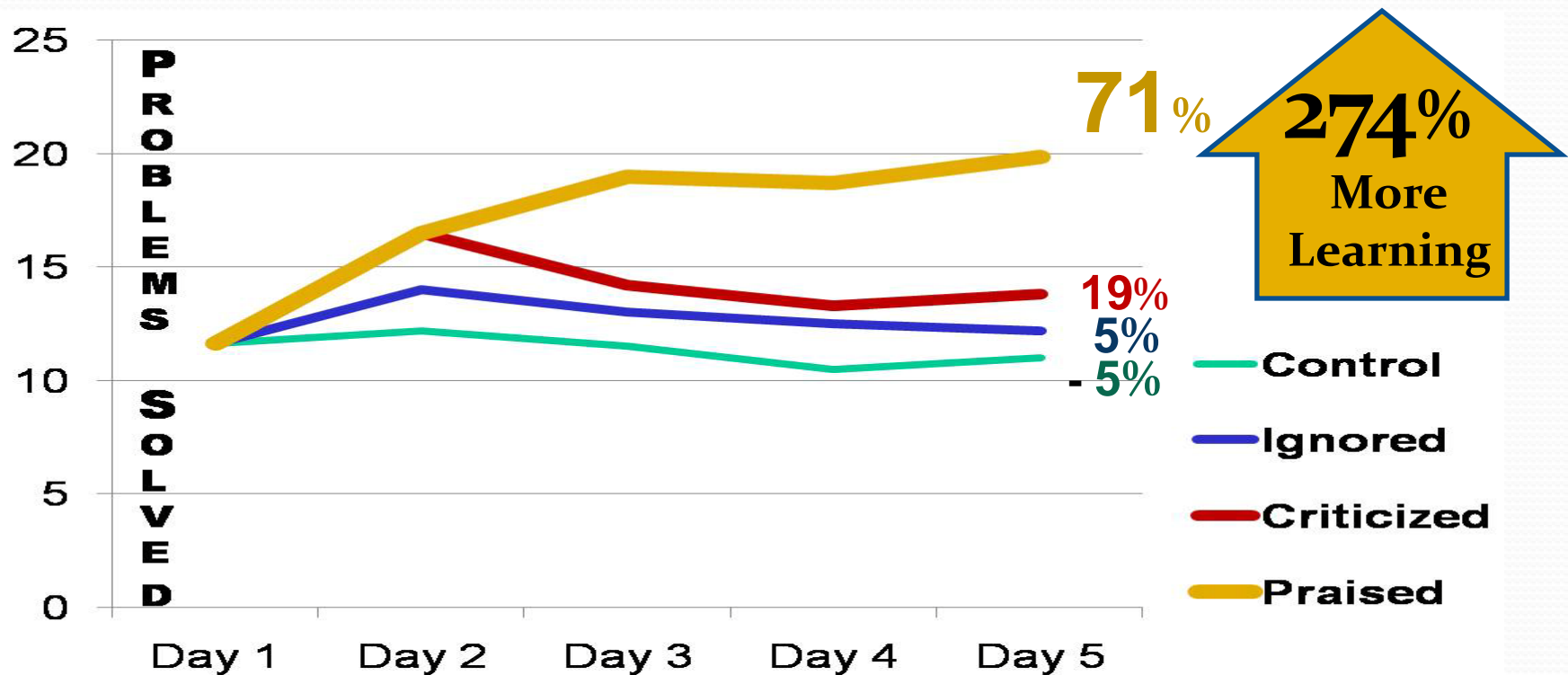


Source: E. Hurlock, 1925; How Full is Your Bucket? – P 51

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Learning at the Speed of . . .

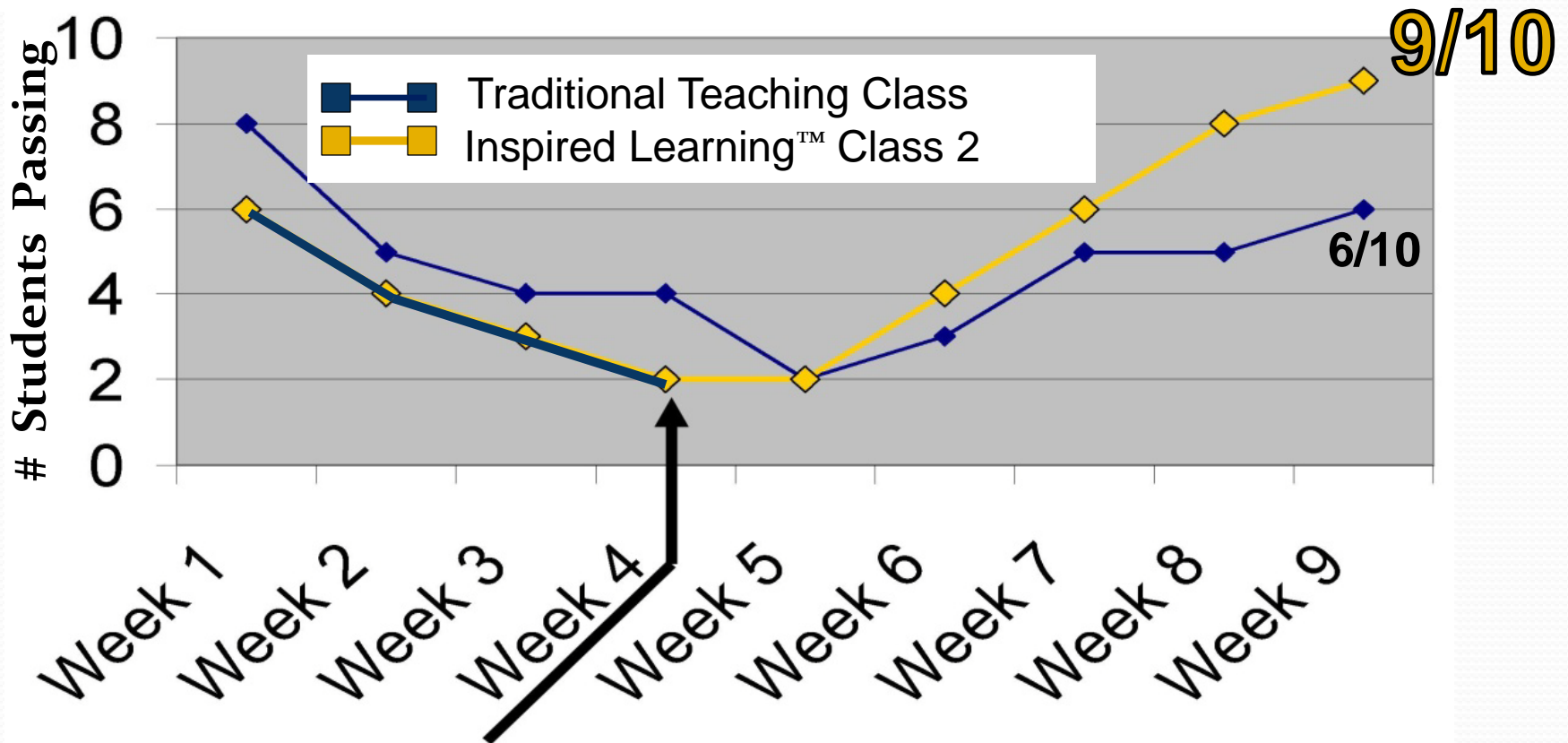


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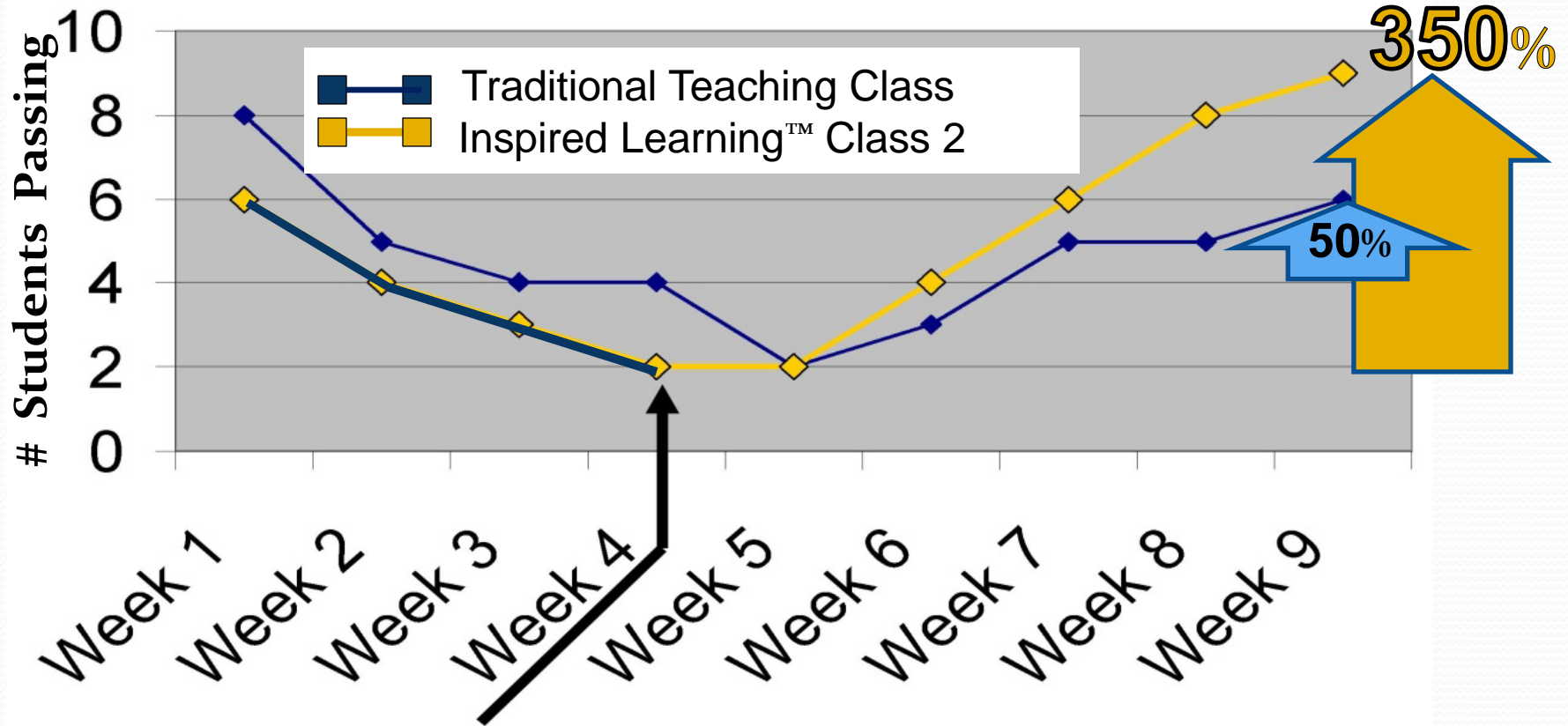


Inspired Learning™ Introduced in Week 4 to Class 2 Only

Source: Johns Hopkins Graduate School Project



Learning at the Speed of . . .



Inspired Learning™ Introduced in Week 4 to Class 2 Only

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Inspired Learning

Traditional Teaching
Method



Inspired Learning
Model™

350%



Exercise 1 – Listening Partner

Focus on . . . (Listen for . . .)

1. what has already been learned.
2. the learner's natural strengths, gifts and talents.
3. the learner's curiosities and life-affirming attitudes.

Guidelines for Listening Partner:

1. 100% confidentiality
2. 100% active listening and engaged connection
3. No advise and no judgment
4. No “joining-in” with your story or common interest



Exercise 1 – Sharing Partner

Share about a life-long passion.

It could be related to work, family, hobby, etc.

You are always learning more about this topic.

When you are engaged in this topic time tends to fly.

Guidelines for Sharing Partner

Take 3 minutes to share. (I will call time.)

Be 100% authentic – be real.



Exercise 1 – Feedback

Partner who listened – 90 seconds

Acknowledge your sharing partner for their:

- Passion
- Strengths
- Knowledge
- Commitment

Guidelines for the Partner who Shared:

- Open up to receive each acknowledgment
- “*Thank You*” – let it land



Exercise 1 – Self-assessment

Scale of 0-10 (0 = not at all; 10 = 100% / Absolutely)

Prior to sharing, and receiving
100% positive feedback.

- ___ Level of excitement
- ___ Self appreciation
- ___ Stimulated with new ideas
- ___ Inspired to pursue more
- ___ Clarity of next step(s)

After sharing, and receiving
100% positive feedback.

- ___ Level of excitement
- ___ Self appreciation
- ___ Stimulated with new ideas
- ___ Inspired to pursue more
- ___ Clarity of next step(s)



Exercise 2 – Listening Partner

Focus on . . . (Listen for . . .)

1. what has already been learned.
2. the learner's natural strengths, gifts and talents.
3. the learner's curiosities and life-affirming attitudes.

Guidelines for Listening Partner:

1. 100% confidentiality
2. 100% active listening and engaged connection
3. No advise and no judgment
4. No “joining-in” with your story or common interest



Exercise 2 – Sharing Partner

Share about a new area or topic of learning.

You consider yourself a beginner, or novice.

You are not sure about how it works or if you'll ever really understand it or be good at it.

Your learning process has not been smooth.

Guidelines for Sharing Partner:

Take 3 minutes to share. (I will call time.)

Be 100% authentic – be real.

Share what you do know about this new area.



Exercise 2 – Feedback

Partner who listened – 90 seconds

Acknowledge your partner for their:

- Passion
- Strengths
- Knowledge
- Commitment

Guidelines for the Partner who Shared:

- Open up to receive each acknowledgment
- “*Thank You*” – let it land



Exercise 2 – Self-assessment

Scale of 0-10 (0 = not at all; 10 = 100% / Absolutely)

Prior to sharing, and receiving
100% positive feedback.

- _____ Level of excitement
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- _____ Clarity of next step(s)

After sharing, and receiving
100% positive feedback.

- _____ Level of excitement
- _____ Self appreciation
- _____ Stimulated with new ideas
- _____ Inspired to pursue more
- _____ Clarity of next step(s)



Penny Campbell

After school tutor

Homeless boy

1 hour a week . . .





Learners & Facilitators of Learning

The Inspired Learning Model™

brings the innate love of learning

back to the learner.

It also brings the innate joy of celebration

back to those who facilitate learning.



Inspired Learning Model's 7 Elements

1. **THE FACILITATOR**
2. **THE SUBJECT MATTER**
3. **THE PHYSICAL ENVIRONMENT**
4. **THE INSPIRED LEARNER**
5. **THE STANDARDS OF PRESENCE**
6. **THE INTEGRATION**
7. **INSPIRATION**



Standards of Presence

It is my intention to . . .

- 1 . . . maintain confidentiality.
- 2 . . . adopt a stand for innocence.
- 3 . . . practice a positive focus.
- 4 . . . connect at a heart level.
- 5 . . . claim my experience as my own.
- 6 . . . listen deeply and with honor.
- 7 . . . give only authentic and positive acknowledgment.
- 8 . . . fully receive acknowledgment and support.
- 9 . . . practice self care and self responsibility,
and allow others to do the same.
10. . . be fully present.



What are you taking away?

What's one thing you commit to bring back to your work?

1. _____



Resources

- Peter@PositivelyBrilliant.com
- www.InspiredLearning.org
- www.CoachForLife.com

Books:

- Reding & Collins, *The Inspired Learning Model™ Handbook*
- Reding, *Positively Brilliant Self-mastery*
- Rath & Clifton, *How Full is Your Bucket*
- Gostick & Elton, *The Carrot Principle*
- Buckingham, *Go Put Your Strengths to Work*