

# 212: The Extra Degree

## Reflection



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# Agenda

1. Enrichment
2. Staff
3. Partners

# 212: The Extra Degree

## Reflection

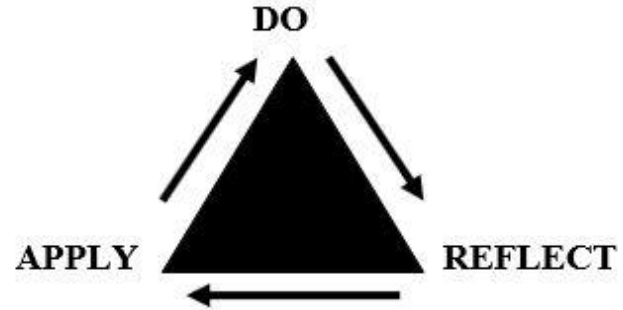
Learning to learn, or the development of learning power, is getting better at knowing when, how, and what to do when you don't know what to do. It is about unpacking, understanding, constructing a response to a situation or problem. Reflection is about developing, building upon, and in some cases, changing existing behavior and practice.

~ Guy Claxton



# 212: The Extra Degree

## Reflection - Enrichment



# Enrichment

## Introverts:

- Provide discussion/reflection questions ahead of time
- Allow time for them to think, reflect before they answer
- When facilitating class or group discussion, make sure you “check in” with introverts to get their input before the discussion moves on
- Provide “reflection breaks”

# Enrichment

## Extroverts:

- It's okay to allow extroverts to “process” or think out loud; encourage them to do this quietly in pairs or threes to give introverts space to think
- May need to coach extroverts to not share as quickly, to let others have time to process
- Give opportunity for them to “think out loud” on paper before verbalizing it

# Enrichment

What?:

- Descriptive
- Facts, what happened, with whom
- Substance of group interaction

# Enrichment

So what?:

- Shift from descriptive to interpretive
- Meaning of experience for each participant
- Feelings involved, lessons learned
- Why





# Enrichment

Now what?:

- Contextual – seeing this situation's place in the big picture
- Applying lessons learned/insights gained to new situations
- Setting future goals, creating an action plan

# Enrichment

## Close-ended Questions:

- How many kids are in your family?
- Do you hope to get a job after graduation?
- Did you get the answer right?

## Open-ended Questions:

- Tell me about your family.
- Describe the kind of job you would like.
- How did you get to that answer?

# Generic STEM Questions

- See handout

# Youth Reflection Activities

1. Where Am I?
2. One on One
3. Scale 1 to 10
4. Modes of Transportation
5. Reflective Group  
Conversation

# Reflection leads itself into Growth Mindset

- “Can you think of another way to approach this problem?”
- “Since that turned out to be a dead end, can you think of another way to handle it?”

# Reflection with Staff

*Sometimes learning that appears to be  
irrelevant at first can become useful in the  
future*

# Staff

- Strengths, Weaknesses, Opportunities & Threats (SWOT) analysis
- Parking Lot

# Staff

- Career Reflection Questions for Staff (see handout)
- SEL Self-Reflection Tool for Afterschool Staff



# Reflection with Partners

- Evaluations
- Surveys
- Small Group Reflection

# Partners

## Wrapping Up

- I feel....
- I learned...
- I never knew...
- I now understand...
- I wish
- I'm glad that...
- I appreciate

# Partners

- What worked well?
- What is a must “keep”?
- What didn’t work well?
- What should we “abandon”?

# Conclusion

- Summarize presentation
- Q & A?



# Thank you!

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