Caring Helpers
Leadership Training
About us:

“SPEAKING OUT FOR POSITIVE CHANGE”

Mission Statement:

Training Leaders to Strengthen Communities.

Vision:

Our goal is to support youth and adults in becoming leaders in their communities. We do this through education and de-stigmatization of mental health, while recognizing the values, beliefs and cultural differences of the diverse population of San Diego County.
This session will introduce a very successful afterschool Youth Character Development and Leadership Training program.

It will include how to effectively communicate with youth in a way that will educate and inspire by helping them to recognize their inner strengths, respect and honor people’s differences, develop good character, set goals, and become the best they can be.
Introduction

Afterschool Program

Diversion Program

Community Service Projects
1. Eliciting Strengths
2. Trade Lands Group Exercise
3. Understanding the Learning Mind (AVK)
4. Promoting Personality (Freedom Writers)
5. CHLTOOutline & Session Objectives
6. Endangered Voices
7. Josh Reando
8. Q&A, Evaluations
Exercise

TRADE LANDS
3 Domains of Learning

- Cognitive
- Affective
- Psychomotor
3 Modes of Learning

- Audio
- Visual
- Kinesthetic
Cone of Learning (Edgar Dale)

After 2 weeks we tend to remember...

10% of what we READ
20% of what we HEAR
30% of what we SEE
50% of what we HEAR and SEE
70% of what we SAY
90% of what we both SAY and DO

Nature of Involvement

Passive

Verbal Receiving
Visual Receiving
Receiving / Participating

Active

Doing

Promoting Personality

Freedom Writers
Personal Development
The Power of Journaling
Session Objectives & Trainee Responsibilities
Endangered Voices; Speaking out for Positive Change
Youth know what they need...

Youth training youth works—by using their strengths, young people can teach and support other young people. They are a valuable resource!
Any Questions?

Please fill out our survey and let us know if you would like to join our email list service.